Claims

- 1. A method for identifying a modulatory compound that is capable of decreasing the expression or activity of a *daf-16* gene, said method comprising:
- (a) providing a nematode, isolated nematode cell, or isolated mammalian cell expressing a *daf-16* gene; and
- (b) contacting said nematode, isolated nematode cell, or isolated mammalian cell with a candidate compound, a decrease in *daf-16* expression or activity following contact of said nematode, said isolated nematode cell, or said isolated mammalian cell with said candidate compound identifying a modulatory compound.
- 2. The method of claim 1, wherein said compound is a candidate compound for ameliorating or delaying an impaired glucose tolerance condition, atherosclerosis, or obesity.
 - 3. The method of claim 1, wherein said nematode is C. elegans.
- 4. The method of claim 1, wherein said daf-16 gene is a nematode daf-16 gene.
- 5. A method for the identification of a compound that is a candidate compound for ameliorating or delaying an impaired glucose tolerance condition, said method comprising the steps of:
 - (a) providing a daf-2, daf-16 mutant nematode;
- (b) expressing in the cells of said nematode a mammalian AFX polypeptide, whereby said nematode forms a dauer larva; and

- (c) contacting said dauer larva with a compound, wherein release from the dauer larval state is an indication that said compound is a candidate compound for ameliorating or delaying an impaired glucose intolerance condition.
- 6. A method for the identification of a compound that is a candidate compound for ameliorating or delaying an impaired glucose tolerance condition, said method comprising the steps of:
 - (a) providing an age-1, daf-16 mutant nematode;
- (b) expressing in the cells of said nematode a mammalian AFX polypeptide, whereby said nematode forms a dauer larva; and
- (c) contacting said dauer larva with a compound, wherein release from the dauer larval state is an indication that said compound is a candidate compound for ameliorating or delaying an impaired glucose intolerance condition.
- 7. A method for the identification of a compound that is a candidate compound for ameliorating or delaying an impaired glucose tolerance condition, said method comprising the steps of:
 - (a) providing a daf-2, daf-16 mutant nematode;
- (b) expressing in the cells of said nematode a mammalian FKHR polypeptide, whereby said nematode forms a dauer larva; and
- (c) contacting said dauer larva with a compound, wherein release from the dauer larval state is an indication that said compound is a candidate compound for ameliorating or delaying an impaired glucose intolerance condition.
- 8. A method for the identification of a compound that is a candidate compound for ameliorating or delaying an impaired glucose tolerance condition, said method comprising the steps of:

- (a) providing an age-1, daf-16 mutant nematode;
- (b) expressing in the cells of said nematode a mammalian FKHR polypeptide, whereby said nematode forms a dauer larva; and
- (c) contacting said dauer larva with a compound, wherein release from the dauer larval state is an indication that said compound is a candidate compound for ameliorating or delaying an impaired glucose intolerance condition.
 - 9. The method of any of claims 5-8, wherein said nematode is C. elegans.
- 10. The method of any of claims 5-8, wherein said compound is a candidate compound for ameliorating or delaying an impaired glucose tolerance condition that involves obesity or atherosclerosis.
- 11. A method for identifying a compound that modulates the interaction between DAF-16 and a second DAF polypeptide, said method comprising the steps of:
 - (a) providing a DAF-16 polypeptide;
 - (b) providing a second DAF polypeptide;
- (c) allowing said DAF-16 polypeptide and said second DAF polypeptide to interact and form a complex;
- (c) contacting said complex with a candidate compound, a modulation in the interaction between said DAF-16 and said second DAF polypeptide identifying a modulatory compound.